Lainey Dionne



Short Bio:

Lainey Dionne is an indie pop singer/songwriter from Rhode Island. Dionne has over 50 nominations & awards for her songwriting including Songwriter of the Year at the New England Music Awards. Under an Artist Development Record deal in Nashville, Lainey wrote with various professional writers, including writers for Dua Lipa, Jonas Brothers, Maroon 5, Noah Kahan, etc on her debut album Self Titled. Her third single from the album was optioned by Selena Gomez and although her team ultimately passed on the track, Lainey has successfully written for other signed artists, as well as writing music for television shows on various networks including MTV, TLC, Bravo, HULU, Peacock, ABC, Disney +, E!, and more. Her most recent placements include Netflix's Love Is Blind and Hulu's The Kardashians. Since graduating from Berklee College of Music, Dionne has opened for international acts including Nickelodeon's Drake Bell, O.A.R, and The Head and The Heart, & more while performing over 100 shows a year. Catch her latest interview on The Boston Globe, PBS, or WPRI Channel 12 News.

Top Releases:



Over 300,000 streams
Listen Here



Over 140,000 streams
Listen Here



Over 47,000 streams
Listen Here

Highlights:

- Opened for Drake Bell, The Head and The Heart, O.A.R, Liz Longley, American Idol Winner Lee DeWyze, Chris Trapper and Chase Rice
- Music Featured on several TV Shows and Networks (The Kardashians, Love is Blind, The Real Housewives, etc): IMDb here
- Spins on over 50 national radio stations and over 100 publications
- Performs between 100-150 shows a year in over 100 venues in New England
- Has toured internationally in Switzerland (2025) and England (2026)
- Berklee College of Music Graduate & The Recording Academy Grammy Member
- Performed at notable venues: Leader Bank Pavillion, Newport Folk Festival, Brighton Music Hall, The Strand, The Middle East, Soundcheck Studios, and more

Social Links:



Facebook Twitter Instagram YouTube TikTok

Awards

International Songwriting Competition:

- 2016 Semi Finalist: The Next Move
- 2020 Winner: Hey London
- 2021 Semi Finalist: Skin
- 2021 Semi Finalist: Wake Up Call
- 2021 Finalist: Senti(mental)
- 2022 Semi Finalist: Awhile
- 2023 Semi Finalist: Broken Clock
- 2024 Semi Finalist: Square One
- 2025 Semi Finalist: wired (orchestral)

Unsigned Only Competition:

- 2020 Winner: Hey London
- 2021 Finalist: ILYTD
- 2021 Semi Finalist: Skin
- 2022 Semi Finalist: Wake Up Call
- 2022 Finalist: Senti(mental)
- 2023 Semi Finalist: Last Flight
- 2024 Finalist: Two Weirdos

New England Music Awards:

- 2021 Winner: Best in The State of Rhode Island
- 2021 Four Time Nominee:
    - Song of the Year: “Hey London”
    - Songwriter of the Year
    - Female Performer of the Year
    - Pop Act of the Year
- 2022 Winner: Pop Act of the Year
- 2022 Four Time Nominee:
    - Album of the Year: “Self Titled”
    - Song of the Year: “I Love You To Death”
    - Songwriter of the Year
    - Female Performer of the Year
- 2023 Winner: Songwriter of the Year
- 2023 Nominee: Song of the Year
- 2024 Winner: Pop Act of the Year
- 2024 Four Time Nominee:
    - Album of the Year: “Heart of a Goddess”
    - Song of the Year: “Video Game”
    - Songwriter of the Year
    - Performer of the Year
- 2025 Winner: Pop Act of the Year
- 2025 Four Time Nominee:
    - Act of the Year
    - Song of the Year: “Wired”
    - Songwriter of the Year
    - Live Act of the Year

New England Songwriting Competition

- 2019 Winner: 3rd Place Americana
- 2019 Winner: 2nd Place Overall - "Heart Of Stone"
- 2020 Winner: 1st Place Pop/Rock - "Skin"
- 2020 Winner: 2nd Place Overall - "Skin"
- 2020 Winner: Judges Voice Award - "Skin
- 2022 Winner: 1st Place Pop - "ILYTD”
- 2023 Winner: Judges Choice - "Two Weirdos"
- 2023 Winner: 3rd Place Overall - "Two Weirdos"
- 2023 Winner: 1st Place AC - "Two Weirdos"
- 2025 Winner: 2nd Place Pop - "Yours & Mine”
- 2025 Winner: 3rd Place Rock - "Wired"

Boston Music Awards

- 2024 Nominee: Vocalist of the Year
- 2025 Nominee: Vocalist of the Year

International Acoustic Music Awards

-2024 Finalist: “Two Weirdos”

Battle of the Bands/MISC

- 2025 Winner: Bridgewater Battle of the Bands
- 2025 Winner: Motif Battle of the Bands
- 2025 Finalist: The Search RI

Song of the Year

- 2021 Semi Finalist: Skin

Music City Songstar

- 2020 Winner: 3rd Place Overall - "Hey London"
- 2020 Semi Finalist: "Skin"

Race To The Stage:

- 2019 Finalist: Cumbria

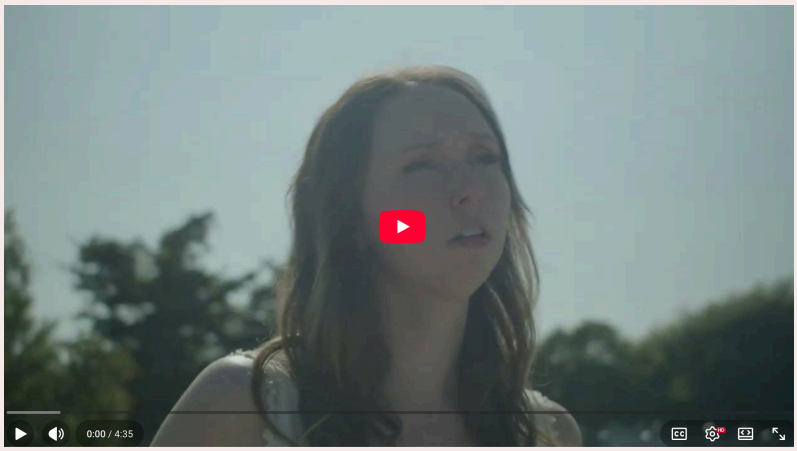
Motif Music Awards:

- 2018 Nominee: Best Breakthrough Act
- 2026 Nominee: Pop Act

Worcester Music Awards

- 2018 Three Time Nominee
    - Best Americana
    - Best Solo/Acoustic
    - Best College Act

Music Videos



[Watch Wired (Orchestral) [Official Music Video] Here]



[Watch Self Titled Here]



[Watch Hey London Lyric Video Here]

Long Biography:

Lainey Dionne is a GRAMMY® Considered indie pop singer/songwriter from Rhode Island. Dionne has over 50 nominations & awards for her songwriting including Songwriter of the Year at the New England Music Awards. Under an Artist Development Record deal in Nashville, Lainey wrote with various professional writers, including writers for Dua Lipa, Jonas Brothers, Maroon 5, Noah Kahan, etc, on her debut album Self Titled. Her third single from the album was optioned by Selena Gomez and although her team ultimately passed on the track, Lainey has successfully written for other signed artists, as well as written music for television shows on various networks including MTV, TLC, Bravo, HULU, Peacock, ABC, Amazon Prime, E!, Paramount+, Disney+ and more. Since graduating from Berklee College of Music, Dionne has opened for international acts including Nickelodeon's Drake Bell and The Head and The Heart while performing over 100 shows a year.

With songs that have been described as “the sort of music that immediately makes you forget that you left a burning oven on”, Lainey burst onto the scene in 2020 with her first single 'Hey London,' a foreign fling bop that left fans eager for more. The single won 1st place in the Unsigned Only Competition, 3rd place in the International Songwriting Competition (ISC), 3rd place Overall in the Music City Songstar Competition, and was nominated for Song of The Year at the 2021 New England Music Awards (NEMA). The success of her debut single was just the beginning as Lainey's second single, the dark pop sensation 'Skin’ proved to be a turning point in her career. Not only did it resonate deeply with audiences, but it also garnered numerous esteemed awards from the ISC, Unsigned Only Competition, New England Songwriting Competition, Song of The Year Competition, and Music City SongStar Competition. The third and final single off the album ‘I Love You To Death’ has a synth pop bass that sent waves through the industry. The single's success was evident as it won awards in the Unsigned Only Competition, The New England Songwriting Competition, and was nominated for 2022 NEMA Song of the Year, solidifying Lainey's position as a gifted songwriter and performer. Moreover, the song's brilliance was optioned by none other than Selena Gomez and although her team passed on it, this experience

serves as a testament to Dionne's remarkable ability to craft music that attracts attention from top-level industry figures.

With an incredible 17 nominations and 4 wins at the NEMA's, Lainey has firmly established herself as a rising star in New England. The recognition she received, including the coveted 'Best in The State of Rhode Island' award in 2021, highlights her undeniable impact and popularity within her home state and beyond. Her contributions to the music world have earned her NEMA 2024 Pop Act of the Year, 2023 Songwriter of the Year, 2022 Pop Act of The Year, as well as nominations for Female Performer of the Year ('21 & '22), Song of the Year ('21 -'24) and more.

In 2021, Lainey released her first full length album, 'Self Titled' which was nominated for NEMA 2022 Album of the Year. "The songs are a game of truth or dare where I do the most daring things for love and have to tell the truth about it in my songs. I literally cried while recording some of the songs, and sneaked my ex's name in a few lyrics. So much of me is unapologetically inside this record" Dionne states. In regards to naming her album, Lainey says "I chose 'Self Titled' as the name for my album because I am not defined by my exes, they do not represent my name, but the lessons I learned from them did shape me into the person I am today through the good and the bad- and now that I've come out the other side, I feel entitled to myself again".

Dionne has continued to build on her momentum by releasing nine subsequent singles since Self Titled. These singles have proven to be a hit with both radio stations and her ever-growing fan base. Single "Two Weirdos" has won 3rd Place Overall, 1st Place Adult Contemporary Genre, and the Judges Choice Award at the New England Songwriting Competition, earning her a performance at the admirable Cape Cod Women's Music Festival for over 700 people. As she continues to release new music, Dionne remains a prolific writer, co-writing with several hit writers, producers, and artists in the industry including Nick Schwarz (Skillet) and Emmy Award Winning Producer, Mike Meiers. Lainey was also a writer on the 3 million stream hit track "broke & lonely" for up and coming artist Alexa Cappelli. Dionne has recently set her sights on writing music for television and has had success

landing tracks on network television with renowned producer Kevin Rockhill including The Real Housewives, Teen Mom, Paris Hilton in Love, and more.

Dionne's journey as a musician began in her hometown of Smithfield RI, where she was raised. From a young age, her passion for music was evident, and she displayed remarkable talent as a multi-instrumentalist. At the age of 7, she started her musical journey by learning to play the piano under formal training, then followed with violin, and guitar. As her love for music continued to grow, Lainey's determination and curiosity led her to explore and master other instruments through self-teaching. The turning point in Lainey's musical aspirations came during a high school talent show, where she experienced an unforgettable moment of connection with the audience. As the crowd sang along with her, she realized at that moment she wanted to pursue a career as an artist. Lainey graduated from Berklee College of Music in 2015, receiving her Bachelor's Degree in Music Business with a minor in Music Production and Engineering. While attending, she had the pleasure of learning from industry professionals such as Grammy Award winning producer, Jason Stokes and Grammy-nominated hit songwriter, producer, and Warner Brothers Records executive, Kara DioGuardi. She was also accepted into former Warner/Chappell Publishing Group executive Judy Stakee's Songwriting Retreat in France. Lainey is currently working on her highly anticipated sophomore album.

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